



March 2025

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Please limit submissions to 500

# The Scoop

## I found my Calling

Realizing the reasons of my insanity. My purpose in life is very clear. Stay focused in my sobriety no matter. Make an honest meaningful for myself family and friends.

Alcoholics Anonymous has given me choices to be of service in and out of those these rooms. I decided to participate in H and I. I went to my district H and I meeting. Talked to members of the service and no longer than a month passes and I'm sitting on a panel with 2 other members of A.A. Tarzana treatment center where many need our service was our place to share that night. I felt that with my history with incarceration, A.A, hospitals and rehabilitations would surely relate to someone having my issues and seeking a way out with Alcoholics Anonymous.

Sitting at the meeting, a feeling of a belonging came over me as I started to share my story after sharing from the beginning to present. I could see people were touched. They came and shook my hand thanking me for my share. Overwhelmed with gratitude. I couldn't help thanking my higher power, my home group and the program Alcohol Anonymous. I found my calling.

With working the steps and AA members at your side.

Nothing is out of reach for us.  
We do it together

By: Reuben.A.A., 2025

## Election of the Intergroup Officers Committee

Nominations of all qualified AA members for board positions shall be held at the regular Intergroup Meeting in the months of January and February.

The Intergroup Steering Committee is held on the **1<sup>st</sup> Thursday of each month at the Antelope Valley Central Office.**

Any AA member who is qualified for the open position and is willing to make the necessary commitment may be nominated. Qualifications for the open positions are available at the Central Office. There must be at least two nominations for each position.

**The annual election will be held during the first week of March.** Ballots may be cast during regular business hours at the A.V. Central Office for one week prior to the Annual Election Meeting held on the first Thursday of March. All A.V. AA members may vote.

Additional nominations will be accepted at the February

1<sup>st</sup> meeting at 7:00pm at the AV Central Office.  
*All are welcome and encouraged to attend.*

## **Calendar of Events**

*Central Office Intergroup*

*Meeting-1<sup>st</sup> Thursday of the month at Central Office @7pm*

*Roundup Meeting-1<sup>st</sup> Sunday each month @5:30, Grange*

*H&I Meeting- 2<sup>nd</sup> Sunday each month @10am, Friends of Bill*

*District 7 Meeting- 2<sup>nd</sup> Monday each month @ 6:30, Grange Hall*

**“The body of an alcoholic is quite as abnormal as his mind...”** (p. xxvi)

During SAT’s and Finals in high school I broke out in hives. I ran cross-country and Track with excitement, energy, and hype. My graduating class was the largest the school ever had. One evening, my parents let me try something new. I tried sushi. I broke out in huge hives on the back of my neck and couldn’t move my neck. Immediately my Mom gave me Benadryl and I sat and relaxed. It went away gradually. I am allergic to fish eggs.

I went off to college and turned 21. I can drink anyone under the table. Later I learned that women metabolize alcohol differently than men. Obstinate, I kept drinking.

I was responsible in keeping my job, yet wreckless in taking care of myself, not considering others. It doesn’t hurt anybody else, but me—but it does! The merry-go round kept my mind busy: to do list, wishes, wants—have I

completed anything, yet? “Only in my mind” I’d laugh to myself with that euphoric feeling staring at the stars and sky.

“We had to stop doubting the power of God. Our idea didn’t work. But the God idea did.”

(p.52, Big Book)

By: Jessica C. A.A. 2024

## **Step 3**

***“Made a decision to turn our will and our lives over to the care of God as we understood Him.”***

Practicing Step Three is like the opening of a door which to all appearances is still closed and locked. All we need is a key, and the decision to swing the door open. There is only one key, and it is called willingness. Once unlocked by willingness, the door opens almost of itself, and looking through it, we shall see a pathway beside which is an inscription. It reads: “This is the way to a faith that works.” In the first two Steps we were engaged in reflection. We say that we were powerless over alcohol, but we also perceived that faith of some kind, if only in A. A. itself, is possible to anyone. These conclusions did not require action; they required only acceptance.

Like all the remaining Steps, Step Three calls for affirmative action, for it is only by action that we can cut away the self-will which has always

blocked the entry of God – or, if you like, a Higher Power – into our lives. Faith, to be sure, is necessary, but faith alone can avail nothing. We can have faith, yet keep God out of our lives. Therefore our problem now becomes just how and by what specific means shall we be able to let Him in? Step Three represents our first attempt to do this. In fact, the effectiveness of our whole A.A. program will rest upon how well and earnestly we have tried to come to “a decision to turn our will and our lives over to the care of God *as we understood Him.*”

To every worldly and practical-minded beginner, this Step looks hard, even impossible. No matter how much one wishes to try, exactly how *can* he turn his own will and his own life over to the care of whatever God he thinks there is? Fortunately, we who have tried it, and with equal misgivings, can testify that anyone, anyone at all, can begin to do it. We can further add that a beginning, even the smallest, is all that is needed. Once we have placed the key of willingness in the lock and have the door ever so slightly open, we find that we can always open it some more. Though self-will may slam it shut again, as it frequently does, it will always respond the moment we again pick up the key of willingness.

## The 3<sup>rd</sup> Tradition

*“The only requirement for A. A. membership is a desire to stop drinking.”*

Early intolerance based on fear. To take away any alcoholic’s chance at A.A., was sometimes to pronounce his death sentence. Membership regulations abandoned. Two examples of experience. Any alcoholic is a member of A.A. when *he* says so.

This tradition is packed with meaning. For A.A. is really saying to every serious drinker, “you are an A.A. member if *you* say so. You can declare yourself in; nobody can keep you out. No matter who you are, no matter how low you’ve gone, no matter how grave your emotional complications – even your crimes – we still can’t deny you A.A. We don’t *want* to keep you out. We aren’t a bit afraid you’ll harm us, never mind how twisted or violent you may be. We just want to be sure that you get the same great chance for sobriety that we’ve had. So you’re an A.A. member the minute you declare yourself.”

To establish this principle of membership took years of harrowing experience. In our early time, nothing seemed so fragile, so easily breakable as an A.A. group. Hardly an alcoholic we approached paid any

attention; most of those who did join us were like flickering candles in a windstorm. Time after time, their uncertain flames blew out and couldn’t be relighted. Our unspoken, constant thought was “which of us may be the next?”

### Third Concept:

*“To ensure effective leadership, we should endow each element of A.A.—the Conference, the General Service Board, and its service corporations, staffs, committees, and executives—with a traditional ‘Right of Decision.’*

Concept III is about **trusting our trusted servants** to make decisions without needing constant approval. While those in service positions (like GSRs, DCMs, and Delegates) are elected to represent the group conscience, they are not mere messengers. Instead, they are trusted to make informed decisions based on what they believe is best for A.A. as a whole.

This concept prevents unnecessary bureaucracy, allowing A.A. service workers to adapt to new information, use their judgment, and act in real time. It also ensures that business is conducted effectively without every minor decision requiring full group approval.

Think of a **GSR** (General Service Representative). When a GSR

attends a district meeting or an area assembly, they come with their home group’s conscience. However, discussions may bring up new perspectives that their home group hadn’t considered. The GSR has the **Right of Decision**, meaning they can vote based on their best judgment rather than being strictly bound to their group’s initial stance.

### **Example 1: The GSR at the Area Assembly**

A home group votes in favor of a motion to change a pamphlet’s wording.

At the Area Assembly, the GSR hears compelling arguments against the change that weren’t discussed at the home group.

The GSR, realizing that the motion might not actually serve A.A. as intended, votes **against** the change. This is **not** breaking the group’s trust but using **Concept III’s Right of Decision** to act in A.A.’s best interest.

### **Why This Matters in A.A. Service Work**

**Prevents gridlock** – If every decision required a full vote at every level, service work would slow down.

**Encourages leadership** – Those elected to service positions are trusted to make informed decisions.

**Respects group conscience while allowing flexibility** – GSRs, DCMs, and Delegates can adjust based on new information.

# March 2025 Office Manager Report

	Jan	Feb	YTD Total
Sales of Goods	\$5,577.25	\$4,624.49	\$10,201.74
Expenses	(\$6,526.82)	(\$5,920.12)	(\$12,446.94)
Cost of Goods	(\$2,207.00)	(\$3,284.83)	(\$5,491.83)
Contributions	\$2,626.82	\$4,715.07	\$7,341.89
<b>Net Income</b>	<b>(\$529.75)</b>	<b>\$134.61</b>	<b>(\$395.14)</b>

## Contributions

Group	Jan	Feb	Total
A Gathering of Women	\$0.00	\$101.00	\$101.00
AM/Mid-Day Mod	\$0.00	\$1,262.32	\$1,262.32
Anonymous	\$258.98	\$292.85	\$551.83
Any Lengths Group	\$0.00		\$0.00
AV Hospital	\$0.00		\$0.00
AV Men's Stag	\$0.00	\$152.19	\$152.19
AV Roundup	\$0.00	\$1,310.94	\$1,310.94
AVYPAA	\$0.00		\$0.00
Birthday	\$0.00		\$0.00
Cal City Clubhouse	\$0.00		\$0.00
Crown Valley Group	\$0.00	\$87.00	\$87.00
Daily Reflections	\$0.00		\$0.00
District 7	\$78.20		\$78.20
Faithful Fiver	\$323.00	\$232.00	\$555.00
High Desert BB Grp	\$0.00		\$0.00
Intergroup Fundraisers	\$0.00		\$0.00
Into Action	\$0.00		\$0.00
Joe & Charlie Book Study - Alano	\$0.00		\$0.00
Lake Hughes Group	\$140.00	\$70.00	\$210.00
New Beginnings	\$0.00		\$0.00
Open Door	\$0.00		\$0.00
Open Participation	\$0.00		\$0.00
Palmdale Grp	\$766.08		\$766.08
Palmdale Mon Noon 12 & 12	\$0.00		\$0.00
Pearlblossom Grp	\$0.00		\$0.00
PM Mod	\$167.97		\$167.97
Quartz Hill Unity Grp	\$210.00	\$280.00	\$490.00
Rainbow Grp	\$0.00		\$0.00
Recovery @ The Ranch	\$0.00		\$0.00
Rosamond Sun Night	\$0.00		\$0.00
Rule 62 Grp	\$0.00		\$0.00
Sat AM Men's Stag	\$0.00		\$0.00
Step Workshop Meeting	\$0.00		\$0.00
Sun Love & Tolerance	\$0.00		\$0.00
Sun Night BBS	\$90.00		\$90.00
Thursday Night Step Study	\$0.00		\$0.00
Tuesday Topic Mtg - Alano	\$0.00		\$0.00
Unity Group	\$0.00		\$0.00
Wed Night BBS	\$0.00		\$0.00
Westside Grp	\$0.00		\$0.00
Women in Recovery	\$0.00		\$0.00
Women Seeking Serenity	\$0.00	\$100.00	\$100.00
Sober Sisters	\$0.00		\$0.00
<b>Digital Contributions</b>	<b>\$592.59</b>	<b>\$826.77</b>	<b>\$1,419.36</b>

**TOTALS**      \$2,626.82      \$4,715.07      \$7,341.89



Beth S.	3/7/2024	1	Anna G.	3/16/2005	20
Larry C.	3/17/2022	3	Chris B.	3/1/2005	20
Wade K.	3/12/2021	4	Hal F.	3/3/2005	20
Rubin Z.	3/16/2020	5	Kirk F.	3/26/2005	20
Tim Y.	3/2/2016	9	Mike C.	3/18/2005	20
Cynthia J.	3/6/2016	9	Gina G.	3/22/2004	21
Teresa K.	3/10/2015	10	Jim G.	3/17/2004	21
Angeline P.	3/10/2015	10	JoDee L.	3/14/2004	21
Paul F.	3/1/2014	11	Nancy H.	3/12/2004	21
Leslie G.	3/26/2014	11	William	3/23/2003	22
Amv D.	3/7/2014	11	Marcus H.	3/22/2002	23
C. Bobo	3/11/2013	12	Oscar G.	3/20/2001	24
Mike S.	3/22/2013	12	Sandy M.	3/22/2001	24
Anthony	3/15/2012	13	Troy D.	3/27/1998	27
Colleen E.	3/28/2012	13	Chris G.	3/21/1997	28
Kat H.	3/30/2012	13	Janice M.	3/14/1997	28
Nicholas S.	3/15/2012	13	Patti	3/27/1997	28
Ron L.	3/12/2012	13	Paul O.	3/4/1997	28
Mike S.	3/23/2012	13	Diane M.	3/29/1996	29
Thomas D.	3/28/2012	13	Janine B.	3/29/1996	29
Jessie M.	3/2/2011	14	Juliet K.	3/7/1996	29
Ellie	3/6/2011	14	David W.	3/29/1995	30
Mary A.	3/6/2011	14	Sarah G.	3/18/1994	31
Deborah C.	3/15/2011	14	Ivrina K.	3/9/1993	32
Karen D.	3/18/2011	14	Yvette L.	3/1/1993	32
Maile S.	3/19/2011	14	Kathryn O.	3/1/1992	33
Ann W.	3/17/2010	15	Jerry G.	3/20/1991	34
Chris	3/3/2010	15	Louis G.	3/3/1991	34
Chrissy	3/3/2010	15	Deb W.	3/2/1990	35
Ira	3/1/2010	15	Jim P.	3/4/1990	35
Maureen B.	3/21/2010	15	Gayle C.	3/26/1989	36
Paul H.	3/13/2010	15	Keith C.	3/17/1989	36
Allen A.	3/28/2009	16	Owen L.	3/10/1989	36
Brent S.	3/26/2009	16	Robert W.	3/17/1989	36
Carri I.	3/9/2009	16	Don H.	3/15/1985	40
Cielita O.	3/16/2009	16	Mario S.	3/17/1985	40
Brent S.	3/26/2009	16	Robert K.	3/10/1985	40
Joe S.	3/29/2009	16	Trisha	3/28/1984	41
Keith M.	3/13/2009	16	Jim S.	3/27/1983	42
Brandon D.	3/28/2008	17	Pat C.	3/20/1983	42
Clinton	3/23/2008	17	Robin W.	3/9/1983	42
Josh C.	3/16/2008	17	Terry H.	3/6/1983	42
Kamryn	3/9/2008	17	Jose	3/5/1982	43
Rosemary N.	3/6/2008	17	Mary B.	3/21/1982	43
Brandy Q.	3/12/2007	18	Uncle Andy	3/1/1982	43
Christi N.	3/15/2007	18	John G.	3/19/1981	44
Johnny P.	3/26/2007	18	Richard Ross	3/28/1981	44
Latasha W.	3/6/2007	18	Roy Y.	3/3/1980	45
Lavern C.	3/8/2007	18	Jackie O.	3/1/1978	46
Louis D.	3/28/2007	18	Mike A.	3/5/1978	46
Paul D.	3/18/2007	18	Judy H.	3/22/1977	47
Samantha W.	3/20/2007	18	Valerie R.	3/13/1977	47
Joseph R.	3/14/2006	19	Sheryl N.	3/10/1976	48
Jovan S.	3/18/2006	19	Helen C.	3/5/1975	49
Karen B.	3/15/2006	19	Larry M.	3/3/1971	64
Pamela S.	3/31/2006	19	Fred C.	3/25/1965	60

**Get your groups birthday list to Central Office  
... That's how they appear here!**

Total Years = 2,731

## Managers Corner

**Intergroup Elections Happening Now ~ Come in and vote!** As you can see we need some volunteers to help clean the office once a week. Please call to sign up!

**Thank You Saturday Volunteers!!**

1st ~ Larry W. & Kurt H.  
2nd ~ Wendy W. & Deborah L.  
3rd ~ Nonna W. & Vacant  
4th ~ Carmen R. & Vacant  
5th ~ Stephanie S. & Vacant

*Thank you for allowing me to be of service!!*

Jeffrey Harlow

Don't forget to visit us on the Web!

